## GENERAL STANDARD OF THE DOCUMENT

This document contains detailed instructions for authors to prepare an article for MiSOTENiDO Journal. The attached template in word format must be used to create the article.

This document presents:

- The guide to using the document in word format with the format established for publication.
- Typographic specifications, font sizes and types.
- The standards for presenting equations, figures, tables and references.

If necessary, you can also consult the Article Publication Rules available on the magazine's website (www.revistamisostenido.com).

As appropriate, you can eliminate those sections in the template that do not correspond to your proposal.

## GENERAL PAGE SETTINGS

The content of the article must be written on a DIN A4 page size ( $21 \times 29 \mathrm{~cm}$ ). The margins must be: top and bottom 25 mm , left and right 30 mm . All paragraphs must have justified alignment. Use GILL SANS font in II pt size. Interlining 1.5 pts.

Generally speaking, the manuscript should be a minimum of 3,500 words and a maximum of 5500 words in length and include some or all of the elements detailed in the table of contents.

## ITEM SHIPPING

The final version of the article should be submitted in a PDF file to preserve the original format and in Word format for review and peer review.

Carefully follow these instructions and if you have any questions you can write to the email addresses: revista.musicoterapia@unir.net

## PARTICULARITIES ACCORDING TO THE TYPE OF ITEM

## - For articles of an empirical nature or theoretical research.

Minimum 4000 words. Maximum of 5500 words (not counting references).
Summary/Abstract (150-200 words).
Introduction (1000-2000 words)

Materials and Method (participants, measurements, procedure and data analysis) (2000-2500 words)
Results (400-600 words).
Discussion/conclusions. (150-300 words).
Financing
Conflicts of interest
Author contributions
Ethical responsibilities
References.

## - For Reviews/Meta-analysis.

Minimum 4000 words Maximum 5500 words (not counting references).
Summary/Abstract (I50-200 words).
Introduction (1500-2000 words)
Presentation of the topic of the systematic review
Rationale for the systematic review
Objectives of the systematic review
Description of the methodology used
Material and methods (300-500 words)
Inclusion and exclusion criteria
Databases used
Keywords used
Filters applied
Methodological quality evaluation process
Results (300-500 words).
Description of included studies
Quantitative and qualitative analysis of the results
Tables and Figures - Tables and figures used to
illustrate the results of the study.
Discussion (1000-1500 words)
Interpretation of the findings
Main conclusions
Limitations of the study
Future lines of research
Conclusions (300-500 words)
Summary of main findings
Implications of the results

Financing
Conflicts of interest

Author contributions
Ethical responsibilities
References

## - For intervention projects.

Minimum 4000. Maximum 4500 words (not counting references).
Summary and Abstract (150-200 words)
Introduction (1000-2000 words)
Intervention project (participants, resources, music therapy sessions, and data collection
and analysis) (1000-1500 words)
Results (500-1000 words)
Discussion/conclusions (500-I000 words)
Financing
Conflicts of interest
Author contributions
Ethical responsibilities
References

## SPECIFIC FORMAT INFORMATION

## The sections:

The Introduction, Materials and Methods, Results, Discussion and Conclusions of the article can be structured subdivided into all the sections considered appropriate. If the article describes a music therapy project in which data obtained in the therapy sessions has been taken, the musical analysis of the sound materials used is assessed, using the Methods section.

## The titles:

## First-order titles

The first level corresponds to the title of each section, therefore, it must be aligned to the left, with the first letter in capital letters and all other letters in lower case. It must be presented in GILL SANS font size 14 with the title style. Unnumbered.

## Second and third order titles

A second level corresponds to the subtitles and is like the one you are reading. These headings should be bold with GILL SANS at size I2. The first letter should be capitalized, left-aligned as in this paragraph. Unnumbered.

## Main text

Type the main text in GILL SANS font size II, spacing I.5. (Do not use double spacing.) All paragraphs must add a blank line between paragraphs. The text must be with justified alignment.

## QUOTES AND REFERENCES WITHIN THE TEXT

Follow APA 7 citation standards (attached document on the web)
When citing verbatim, indicate the number of the pages from which the information is extracted.
Use "et al" if there are four or more authors.
Examples:
(Fernandez, 202I) for paraphrase
(Fernández, 202I, p.35) for textual quotes
(Fernández et al., 2021) for paraphrases of more than 4 authors.

## FIGURES, TABLES, EQUATIONS, UNITS AND ABBREVIATIONS

Figures: All figures must be centered in the column and placed as indicated in this guide. Figure I shows an example of how figures should be presented in the article.

Indicate whether it is a figure, table or graph, following a sequence number Figure I., Figure 2., etc. in body 12 pt. Below is the title of the figure, table or graph in GILL SANS font, size II , without bold and in italics.

The name of the figure must be capitalized only in the first word, regardless of whether it is a major or minor word. The figure name is used aligned to the left margin. If the description extends more than one line, the text must be shown in a justified manner.

The figure should try to be placed at the top or bottom of each page and should not exceed the margins. If the figure has two parts, include the indicators "(a)" and "(b)" at the bottom of each graph. You should verify that the figures found in the article are cited in the main text.

At the bottom of the figure, a Note (in italics) is placed that contains clarifications of the content of the figure and the origin/creation (without italics in 10 pt and centered alignment).

Figure I (I 2pt)
Figure title ( 1 lpt )


Note: in the figure we find an analysis... Taken from www.tres.com.... Or own preparation

Attach color or black and white illustrations with an adequate resolution (at least 175 dpi ) in your submission so that the figure can be clearly seen in the document. Do not use low resolution figures because it impoverishes the quality of the article.

Tables: Place tables at the beginning or end of pages. First indicate the typology of the element (figure, table, equation, graph) in GILL SANS size 12 pt , following a sequence number Table I., Table 2., etc.
The titles of the tables are placed just below in GILL SANS font size II pt with the first letter capitalized (title style), aligned to the left, without bold and in italics.

The text of the table must be in GILL SANS font size 10 pt without bold. Vertical lines are not used, only horizontal lines, according to APA7 regulations. Colors are not used.

You should verify that the tables found in the article are cited in the main text.
At the bottom of the table, include a Note (in italics) with text that clarifies the content offered in it and its origin (without italics and in 10 pt size and centered).

3) Equations: Use the Microsoft Word equation editor. Try to make the equations compact by using the sign (/), the exponential function such as exp, or subscripts and superscripts. Number the equations consecutively, placing the numbering in parentheses and aligning it with the right margin. The equation must be centered.

$$
\begin{equation*}
(1+x)^{n}=1+\frac{n x}{1!}+\frac{n(n-1) x^{2}}{2!}+\cdots \tag{1}
\end{equation*}
$$

4) Units:The recommended units are those of the metric system, in particular, the use of the International System of Units (SI Units) is suggested. The units of the English system can be used as secondary units (in parentheses).
5) Abbreviations:

Abbreviations and acronyms that are not common should be defined the first time they appear in the text, even if they have already been defined in the abstract. Do not use abbreviations in the title unless it is unavoidable.

## THE REFERENCES (AT THE END OF THE DOCUMENT)

The title itself of the "References" at the end of the article is not numbered.

You should carefully check that all citations placed in the text appear in the list of bibliographic references. Only references that were used in the main text of the work, in the tables or figures, should appear in the list. This implies that other references should not appear, even if the author has consulted them during the preparation of the article.

Use GILL SANS font size 10 pt, justified alignment.
You can consult the 7th APA guide for citing references available in the attached PDF on the WEB.

